



53RD ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

12TH - 18TH SEPTEMBER 2019
HOHHOT CITY, INNER MONGOLIA - CHINA

INSPECTION REPORT

OF THE 53RD ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS
WILL TAKE PLACE IN THE CITY OF HOHHOT, INNER MONGOLIA, PEOPLE'S REPUBLIC OF CHINA
FROM 12TH TO 18TH SEPTEMBER 2019.



Datuk Paul Chua, President of ABBF and Secretary General of WBPF with Mr Zhao Zheng (George), Secretary-General of China Inner Mongolia Bodybuilding Federation and Mr Gao Shengge, Secretary-General of ABBF/WBPF CHINA and with the member of the Organising Committee in Hohhot City, Inner Mongolia, China.

Hohhot is the capital of Inner Mongolia state in China and offers Mongolian style attractions in the country. There are prairie landscapes and grasslands typical of Mongolia with herds of sheep, cattle, and horses and historic monuments like the Mausoleum of Chengiz Khan, the prominent Islamic figure of the region. The beautiful scenery of the region is complemented by temples and monasteries besides an active and thriving indigenous sports and culture.

: organiser address :

6F, BDbodyfitness Center, Itimes City, Victoria Itimes, No.1 Zhongshan West Road, Huimin District, Hohhot, Inner Mongolia, China. Tel: 0471-5290099. Email: georges518518@163.com

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MESSAGE FROM DATUK PAUL CHUA, PRESIDENT OF ABBF & SECRETARY-GENERAL OF WBPF



I must congratulate Mr Zhao Zheng (George), President of BD Bodyfitness for sponsoring the 53rd Asian Bodybuilding and Physique Sports Championships and Congress to be organised in the city of Hohhot, Inner Mongolia, the People's Republic of China from 12th to 18th September 2019. Mr Zhao is the Secretary-General of the ABBF China Inner Mongolia Bodybuilding Federation. He is a bodybuilder, a businessman and an entrepreneur. He runs a school and operates several gyms in Inner Mongolia.

When I visited Hohhot from 29th March till 2nd April 2019 together with our ABBF/WBPF CHINA representative Mr Gao Shengge, we were well received and accommodated at the Shangrilla Hotel. They hosted several great dinners and lunches for all of us.

We had a lengthy meeting about hosting the 53rd Asian Championships in the beautiful city of Hohhot and Mr Zhao Zheng without any hesitation confirmed that he will take up this challenge and organize this continental event. He assured me personally that he will not leave any stones unturned and will do his best to have the Asian event organised on a grand scale.

I am proud that we have a new friend and a dedicated and humble gentleman in Mr Zhao Zheng and I am convinced that he and his team of officials will do a great job in Hohhot, Inner Mongolia in hosting the Asian championships successfully.

I wish to thank Mr Zhao Zheng and also our dear colleague Mr Gao Shengge and their entire organizing committee for their commitments, and I would urge all affiliated countries of ABBF to participate and send a strong team to Hohhot City ...where you will be fascinated with all the Monasteries, Mosques and Temples and great sightseeing places to visit. Most of all the great hospitality and warm receptions of our Chinese friends in Hohhot City, Inner Mongolia, China.

See you all in Hohhot City in September.

Datuk Paul Chua

President - Asian Bodybuilding & Physique Sports Federation (ABBF)

Secretary-General - World Bodybuilding & Physique Sports Federation (WBPF)

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MESSAGE FROM MR SUGREE SUPAWARIKUL, SECRETARY-GENERAL OF ABBF



My sincere thanks to Mr Zhou Zheng the Secretary-General of ABBF China Inner Mongolia Bodybuilding Federation and President of BD Bodyfitness for taking the initiative in bidding to organise the 53rd Asian Bodybuilding and Physique Sports Championships and Congress in their beautiful city of Hohhot, Inner Mongolia, China from 12th to 18th September 2019.

This mark an important milestone for ABBF as we celebrate our 60th Anniversary birthday and also the general election of new office bearers for the years 2020 till 2023 will be decided to run this oldest federation founded in the year of 1959. We are the oldest Asian federation to control and regulate rules to run this continental body. We are proud of this achievement.

I must thank Mr Gao Shengge, Secretary General of ABBF/WBPF CHINA for his tireless efforts in assisting us to develop our sport in China. We must register his contributions in this message.

Last but not least...I am proud that I have a great leader who is the father of bodybuilding in the world - Datuk Paul Chua who is diligent, hardworking and possess a high quality of leadership to lead all of us in the ABBF and WBPF to what are today. I will fail in my duties if I do not thank him from the bottom of my heart for his wise leadership.

Thank you

Sugree Supawarikul

Secretary-General - ABBF

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MESSAGE FROM MR ZHAO ZHENG

Secretary-General Inner Mongolia Bodybuilding Federation, President, BD BODYFITNESS



Dear Delegates and Athletes

We are greatly honoured to be given the opportunity to organize the 53rd Asian Bodybuilding Championships and Electoral Congress in the city of Hohhot, Inner Mongolia, China from 12th to 18th September 2019. I wish to single out and thank Datuk Paul Chua, President of the Asian Bodybuilding and Physique Sports Federation (ABBF) and Secretary-General of the World Bodybuilding and Physique Sports Federation (WBPF) for his total support in accepting our bid to host this great ABBF Asian Championships. Of course, our sincere thanks go to all ABBF Executive members for unanimously approving and granting this event to be organised in Hohhot City.

We welcome all Delegates and Athletes to participate in the 53rd Asian Championships and assure you that we will do our very best to make your stay comfortable during your stay in our city. While you are in Hohhot City, we will make you feel like you are at home. This is our motto.

As the Secretary-General of ABBF China Inner Mongolia Bodybuilding Federation and President of BD Bodyfitness I am happy to be associated with the ABBF and WBPF and I am looking forward to meeting you all to shake the warm hand of friendship when you arrive.

We will do our very best to assist you where possible. Thank you

Zhao Zheng

*Secretary-General Inner Mongolia Bodybuilding Federation
President, BD BODYFITNESS*

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MESSAGE FROM MR GAO SHENGGE, SECRETARY-GENERAL OF WBPF/ABBF CHINA



It gives me great pleasure to pen this message for the 53rd Asian Bodybuilding and Physique Sports Championships and Electoral Congress which is to be held in my country the People's Republic of China in the beautiful city of Hohhot, Inner Mongolia from 12th to 18th September 2019.

This competition would not have been possible without our father of bodybuilding and our great leader Datuk Paul Chua, President of ABBF and Secretary-General of WBPF. He is truly a wise and diplomatic gentleman. He devoted his life over 50 years for our sport and I personally admire his energy and dedication devoted to our sport of Bodybuilding. I thank you

Datuk Paul Chua and may God give you more strength and power to continue for many, many years to come. ABBF is truly a democratic body with transparency, honesty and integrity to serve all national federations in Asia, and the success and reputation of the ABBF are due to a very large part to the extraordinary leadership qualities of officials who stood and worked intelligently day and night in creating this Asian body.

Most importantly I wish to thank my dear colleague Mr Zhao Zheng, Secretary-General of the ABBF China Inner Mongolia Bodybuilding Federation and President of BD BODYFITNESS for stepping forward to organise this continental event in Hohhot City, Inner Mongolia, China. I also wish to thank all other officials who are involved in the Organising Committee for their valued support. Mr Zhao is a great lover of our sport and I am certain that this competition will be a great success under his stewardship.

I welcome all delegates and athletes warmly to Hohhot City and rest assure you that our Chinese hospitality will be best ever for you to enjoy.

Gao Shengge

Secretary-General WBPF/ABBF CHINA

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Datuk Paul Chua visited the Dazhao Temple, 'Wuliang Si (Infinite Temple)' in Chinese, is the oldest building and the largest temple in Hohhot, Inner Mongolia. Locally, people usually refer to it as the Silver Buddha Temple (Yinfo Si) for it is here that there is a rare silver statue of Sakyamuni that measures 2.5-meter-high (8.2-foot-high)

For those interested in the history of the region, the Museum of Inner Mongolia is the place to visit as it contains an eclectic collection of manuscripts and specimens featuring distinctive ethnic and local characteristics. There are cultural relics of local tribal people like the Hun, Turk, Muslim and Mongolian along with treasures like the crowns of Hun Kings, head ornaments of Xianbei people. The museum has demonstration halls in a double story building with sculptures, Mongolian items and historical ideas of the grassland region.

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Mr Zhou Zheng receiving the WBPF Certificate of Merit from Datuk Paul Chua for his contribution towards bodybuilding



Mr Gao Shengge, the hardworking Secretary-General of ABBF/WBPF CHINA introduced his two Vice Presidents to Datuk Paul Chua. They will work closely with Gao in ensuring the success of the Asian Championships and promoting WBPF/ABBF throughout the People's Republic of China.



A pledge to stand united for ABBF/WBPF CHINA and to host the 53rd Asian Championships successfully in the city of Hohhot, Inner Mongolia, China in September 2019.

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Mr Zhou and his wife and the Vice-President of ABBF/WBPF CHINA took this picture during the signing ceremony of the Contract.



Authorization documents duly signed by all parties.

COMPETITION VENUE

THE INNER MONGOLIA WULANGIATE

The three days competition for prejudging and finals will be held at the Inner Mongolia Wulangiате a well known theatre founded by Huhhot Poly Theatre management in 2011 and many international shows from USA and Europe were held in this prestigious theater. The stage of the theatre could flat, rotate, lean and go up and down. A modern theatre selected for our Asian championships



Datuk Paul Chua, Mr. Zhao and Mr. Gao and Members of the Organizing Committee.



The dressing room for all Male and female athletes



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The HUUHOT Juva Grand Hotel will be the official hotel for all delegates and competitors participating in the 53rd Asian Bodybuilding Championships.

PLEASE CLICK AND CHECK ON THE ABBF WEBSITE FOR THE INVITATION LETTER, ENTRY FORMS, DAY TO DAY PROGRAM AND TERMS AND RULES OF THE COMPETITION PUBLISHED THEREIN.

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